

Earls Barton United FC

Team Philosophy

Under 7s - 2024/25

Club Philosophy



The club philosophy outlines our aims on the pitch, our coaching methods and also the standards we expect from all associated with the club – be that parents, players or coaches.

This document outlines the ways in which we will seek to meet our key aims stated below:

- 1. To provide children with a safe, fun and friendly environment in which to play football
- 2. To support long term player development with ageappropriate coaching
- 3. To encourage players to give their best and discover their potential
- 4. To put players in an environment that challenges them and will see them make mistakes, but mistakes they can learn from without pressure or anxiety
- 5. To promote good behaviour, respect for others and a hard-working attitude

Club Values Players Coaches **Spectators** Honest Commitment Respectful Player centred Respectful Hard working **Empowering** Supportive Commitment Respectful Encouraging Pride **Professional**

Playing Philosophy



Research indicates that the best football education a club can provide is an opportunity to learn and understand the whole game. We want our players to have a well-rounded football education.

For this reason we:

- Provide fair playing time, in mixed ability teams, for all players
- Provide different experiences for players through positions and formations
- Allow all children the freedom to have fun through learning and playing creative football, recognising that development is a process which takes time and that mistakes are inevitable
- Aim to win, but not at all costs and we would not wish to compromise our team values
- On match day we want to be the most sporting and respected team

We apply the clubs four corner model to provide holistic development as players and more importantly children.

Earls Barton United FC - Four Corner Model **PSYCHOLOGICAL TACTICAL** Confidence Scan Communication Assess Teamwork Anticipate **TECHNICAL PHYSICAL** Coordination Automaticity Ball mastery Speed **Agility** Creativity

Players



Players

Honesty

Respect

Hard working

Commitment

Pride

We ask players to display 5 key attributes:

- Players are committed, to football, their teammates and the club.
- They work hard, in training and in matches, but also away from the football pitch.
- They are always respectful, of their teammates, coaches, referees and opposition – something that we would expect coaches to reinforce.
- To be honest, not only showing this in their general conduct, but also through sportsmanship and playing fairly on the pitch.
- We also hope that players are proud to play for the club and the community they represent, both on and off the football pitch.

Coaches



Coaches

Committed

Player centred

Empowering

Respectful

Professional

We expect our coaches to create an environment that is fun and develops the holistic player and child. This means putting the players needs before our own, sometimes making short term sacrifice for the investment of player opportunity in the longer term.

We also ask that coaches empower their players. We believe that coaches making good use of questioning within their sessions supports this empowerment approach, as well as having been found to enhance long-term skill acquisition.

Crucial to this player empowerment is that coaches do not take decisions for players. Telling players what to do on the pitch is not appropriate. They must be allowed to make their own decisions, rather than instructing a player to do something, coaches will guide players. For example, to challenge a player to do something – i.e. 'can you try and work the ball to the far post?' rather than 'put the cross far post!'

Coaching is a process by which players are guided along a journey to a certain outcome, rather than told how to get there.

Spectators



Spectators

Respectful

Supportive

Encouraging

We ask spectators and parents to be involved in supporting the club on and off the pitch. Whether that is putting out goals, helping with match day admin or clearing up at the end of a training session.

We also ask that, however tempting, parents do not intervene during games by regularly shouting instructions. The players are still learning the game and any instructions from the touchline may contradict what the coach has said. More importantly, it doesn't allow for the players to think about the multiple situations in hand.

It is important that spectators reflect our team values by showing respect for all players, referees as well as opposition spectators.

We want all our players to have support. Young people thrive off encouragement and being praised not only for winning but more importantly for their efforts.

At Earls Barton United FC we want to focus on the long term, holistic interests of every player and we ask for your support in achieving this.